



**SEPTEMBER
2018
NEWSLETTER**

KAREN'S KORNER

Well! What a busy month—and we haven't got to the end of it yet! (You might notice that instead of being late with September's newsletter, Pauline has got it out early, before she goes away).

The lounge is now fully finished, even though the floor took two attempts, so thank you for your patience. Work on our new gas boiler and central heating system is also completed—so we're all set up for the winter!

Regarding our fundraising, a paramedic, Andrew Graham, saw on our Facebook page that we were raising money to buy a defibrillator to be kept outside Kepplegate and to be used by the local community. He has contacted us since the Garden Party and has brought us a **FREE** defibrillator! This isn't in use yet until we get power to the box to keep it warm, but Andrew is also going to provide training sessions for everyone. Our first thoughts are that we will divide the money raised between the First Responders & the British Heart Foundation, but we also thought it would be nice to provide some small donations to local groups. Let me know what you think.



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Congratulations to Trevor who celebrated his birthday in August and birthday wishes to Louise. from our domiciliary care team. for her birthday in September.



RELATIVES' RENDEZVOUS

Thank you to everyone who came for a chat at our latest Relatives' Rendezvous. We've distributed the notes from the meeting but the main topics touched on were:- gratitude for the help in our fundraising, the work being carried out in Kepplegate, resident activities, including having a 2nd TV for virtual screens, and updating a "Welcome Pack". There is some literature displayed in the front porch giving help and advice regarding funding residential care, but we will look at getting a full pack together very soon.



VIRTUAL REALITY HEADSET

What will we think of next?!! Our residents have been testing out our new virtual reality device that you put on and can believe you're in the place that you can see both with sound and vision. Agnes "went" to Majorca, Jessie to Hollywood Beach in California, Margaret B to Toronto and John watched the Queen's coronation.

If you fancy having a go, just ask Sam the next time you visit Kepplegate!



ACTIVITES

A new entertainer, Dave Bear, proved to be a big hit with the residents earlier this month.



Some people enjoyed a game of dominoes and the Memory Box continues to be popular.



WINNERS

Sue picked up her wine after winning the World Cup football sweep.



John presented Carol with a bottle for being the team member who sold the most raffle tickets for our fundraising. We must also say a special THANK YOU to Kevin Higginson, who sold over 500 raffle tickets on our behalf. Brilliant work, Kevin!

Supporting Charities

Even though we say it ourselves, we do well at Kepplegate in supporting both local and national charities. So far this year, we've donated to the Marie Curie Go Yellow Day, Bowel Cancer Awareness Day and, as usual, we pay for a couple of tickets to be used by youngsters in the Circus Starr scheme. Everyone's also been very generous with our main fundraiser this summer, but we hope you can support the Jeans for Genes Day on 21st September. Team members, residents and relatives are asked to wear jeans or



denim on that day and pay £2 reception porch. One in 25 genetic disorder. There are each one being different and child concerned. Donating on of half a million such children



some item of into our collection box in the children in the UK is affected by a 6,000 types of genetic disorder, bringing its own difficulties to the that day can help improve the lives living in the UK .



Well, it took a bit of time to complete, but we hope you'll agree the main lounge is looking quite smart now!



POSTCARDS FOR KINDNESS

A care home in South Derbyshire has recently made a plea for postcards to be sent to their residents, the idea being that the residents will have something to receive in the post which reminds them of previous holidays and is a good way to start conversations and reminisce. Lancashire County Council has now implemented the initiative and Kepplegate has signed up to it. So, if you want to get involved all you need to do is write a postcard from your holiday destination and choose a care home to write to (hopefully, Kepplegate!). A list of care homes that have signed up to the scheme can be found on the LCC website.



DROP IN on Dementia

If you are caring for someone with dementia or worried about your own memory, come and find information in a friendly place

Friendly advice for local families

Talk to professionals and get signposted to the services you may need

No need to book

WHEN

Friday 21st Sept 2-4pm

WHERE

Fleetwood Fire Station

Radcliffe Road, Fleetwood FY7 6UJ

Lots of information all in one place

Coffee, cakes and advice

With... Napthens Solicitors-Wills, Lasting Powers of Attorney and Court of Protection matters



EVERYONE IS WELCOME!

Visit www.thefyldecoastdementiahub.org for more info

Dates for Your Diary

3rd September: Christie Charles sings—please note, this date is an amendment from August's newsletter

14th September: Big Mac entertains

21st September: Jeans for Genes Day—don't forget to wear your jeans!

25th September: Alvin, Singer & Guitarist

Advance Notice

17th October: The next Relatives' Rendezvous

@ 5.30 pm